



## Informed Consent for Treatment

I am requesting and permitting Vantage Point Behavioral Health to provide mental health services to myself/my child. These mental health services may include individual, family, and/or group therapy services onsite/offsite.

I agree to a Diagnostic Evaluation to determine if treatment is appropriate for myself/my child. I agree that I may be referred to be evaluated by a psychiatrist for a Diagnostic Evaluation to determine if the psychiatrist has any recommendations, including medication or referrals to other services.

I understand that therapy entails, at times, discussing emotional, painful topics & age-appropriate topics. (This includes, but is not limited to, past/current abuse, neglect, trauma self-care, wellness, and birth control options).

Confidentiality and its limitations have been reviewed with me. I understand that: Vantage Point staff communicated with other members of the Vantage Point Behavioral Health treatment team, such as psychiatrists, supervisors, directors, and other staff, as clinically appropriate to ensure quality of care.

Vantage Point must report suspected abuse, sexual abuse, sexual exploitation, neglect, mental injury, or substantial risk of harm of a child, adolescent, or vulnerable adult, even if the events happened in the past, the perpetrator's name is not known or is believed to be deceased, or the abuse was previously reported.

Vantage Point must take action to ensure safety if someone is presenting an imminent danger to self or others, such as seeking emergency hospitalization or reporting a threat to an individual or group of people.

Maryland regulations require Vantage Point to respond to questions regarding OPEN and active protective service investigations even if Vantage Point staff believe the agency has no helpful information to offer. Vantage Point must respond to subpoenas. That information a child or adolescent shares is typically kept private and not shared with parents unless there is imminent danger to the child or others.

- **CLIENTS 16 YEARS AND OLDER: Maryland law gives the right to anyone 16 years of age and over to be involved in decisions about their mental health treatment. However, a parent or guardian of a person under the age of 18 years may authorize treatment, even over the minor's objection. The law also notes that some people sometimes cannot make treatment decisions. Maryland law states that you have the right to make decisions in advance, including mental health treatment decisions, through advanced directives. An advance directive can be used to state your treatment choice or to name a health care agent, someone who can make health care decisions for you.**

Client Name/ Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_